**GENERAL EDUCATION**

**Junior Girl Scout Handbook**

by [**Anonymous**](https://www.thriftbooks.com/a/anonymous/196335/) ISBN: **0884413144** ISBN13: **9780884413141**

A breakdown of the

# Growing Sustainable Children ***A Garden Teacher's Guide***

Ronni Sands and Willow Summer.Steiner Books: ISBN: 9781584209423

Bottom of Form

Gardening with children is hands-on outdoor education at its finest. With abundant opportunities for experiential learning, the garden is, in many ways, an ideal classroom, and an increasing number of educational initiatives are recognizing the many long- and short-term benefits that come with a gardening program for children. The book includes a detailed age-appropriate curriculum and activity listings from nursery and kindergarten through high school, as well as a useful overview of the history of gardening education and the evolving consciousness of children.

**Nature Anatomy Activities for Kids: Fun, Hands-On Learning** *By:*[*Kristine Brown*](https://www.christianbook.com/apps/easyfind?Ntk=author&Ntt=Kristine%20Brown) **ISBN-10 ‏ : ‎**1647398347

Get ready to explore the sky above, the ground below, and all the plants and creatures in between! Made just for kids, Nature Anatomy Activities for Kids gives kids the chance to think like a scientist, search like an explorer, and experience the incredible forces and living things that exist in nature. With this illustrated nature guide kids will dig into five different topics: earth, the sky, water, plants, and animals.  From naming the layers of the atmosphere to learning the parts of a flower, and trying out activities like creating a mini cloud and raising a tadpole, as your kids explore the natural world in the 20 lessons, they’ll practice the scientific method and learn to ask questions, imagine outcomes, test ideas, and then write down their discoveries.  Lots of colorful pictures and diagrams! 106 pages, softcover. Ages 8 to 12.

# Two Percent Solutions for the Planet: 50 Low-Cost, Low-Tech, Nature-Based Practices for Combatting Hunger, Drought, and Climate Change

by [**Courtney White**](https://www.thriftbooks.com/a/courtney-white/288048/) ISBN: **1603586172** ISBN13: **9781603586177**

Two Percent Solutions for the Planet profiles fifty innovative practices that soak up carbon dioxide in soils, reduce energy use, sustainably intensify food production, and increase water quality. The "two percent" refers to: the amount of new carbon in the soil needed to reap a wide variety of ecological and economic benefits; the percentage of the nation's population who are farmers and ranchers; and the low financial cost (in terms of GDP) needed to get this work done. As White explained in Grass, Soil, Hope , a highly efficient carbon cycle captures, stores, releases, and recaptures biochemical energy, mitigating climate change, increasing water storage capacities in soil, and making green plants grow. Best of all, we don't have to invent anything new--a wide variety of innovative ideas and methods that put carbon back into the soil have been field-tested and proven to be practical and profitable. They're mostly low-tech, too, relying on natural resources such as sunlight, green plants, animals, compost, beavers, creeks, and more. In Two Percent Solutions for the Planet , White expands what he calls the "regenerative toolbox," to include holistic grazing, edible forests, biochar, weed-eating livestock, food co-ops, keyline plowing, restoration agriculture, bioenergy, aquaponics, animal power, Farm Hack, bees, bears, wildlife corridors, rainwater harvesting, native seeds, and various other projects from across the United States, as well as in Canada, Europe, and Australia. These short, engaging success stories will help readers connect the dots between diverse, exciting, and pragmatic practices, and inspire them to dig deeper into each individual story and concept, energized by the news that solutions do exist. This description may be from another edition of this product.

**HOMESTEADING**

**Traveler's Joy by** [**Juliette De Bairacli Levy**](https://www.goodreads.com/author/show/5541185.Juliette_De_Bairacli_Levy)

ISBN :9780879836511 (ISBN10: 0879836512)

Explore the free wandering life of this enchanting guide by a legendary teacher who lives in tune with the rhythms of nature. Lots of herbal lore. "This magical book has made me want to shelve my responsibilities and hit the road! The author's enthusiasm and ability to embrace hardship and bounty alike are truly inspirational. I am encouraged to lighten my material load to provide space for the gifts that the simple life provides. Recipes, travel lore, herbal medicine, literary references, and personal observations make Traveler's Joy an enjoyable read."

# Radical Homemakers: Reclaiming Domesticity from a Consumer Culture

by [**Shannon Hayes**](https://www.thriftbooks.com/a/shannon-hayes/219996/) ISBN: **0979439116** ISBN13: **9780979439117**

Mother Nature has shown her hand. Faced with climate change, dwindling resources, and species extinctions, most Americans understand the fundamental steps necessary to solve our global crises-drive less, consume less, increase self-reliance, buy locally, eat locally, rebuild our local communities. In essence, the great work we face requires rekindling the home fires. Radical Homemakers is about men and women across the U.S. who focus on home and hearth as a political and ecological act, and who have centered their lives around family and community for personal fulfillment and cultural change. It explores what domesticity looks like in an era that has benefited from feminism, where domination and oppression are cast aside and where the choice to stay home is no longer equated with mind-numbing drudgery, economic insecurity, or relentless servitude. Radical Homemakers nationwide speak about empowerment, transformation, happiness, and casting aside the pressures of a consumer culture to live in a world where money loses its power to relationships, independent thought, and creativity. If you ever considered quitting a job to plant tomatoes, read to a child, pursue creative work, can green beans and heal the planet, this is your book. This description may be from another edition of this product.

# The Sweetness of a Simple Life: Tips for Healthier, Happier and Kinder Living from a Visionary Natural Scientist by [Diana Beresford-Kroeger](https://www.thriftbooks.com/a/diana-beresford-kroeger/308611/) ISBN: 0345812964 ISBN13: 9780345812964

The author of The Global Forest --an international bestseller and a classic upon publication, beloved by readers around the world--gives us her tips and advice for achieving better health and peace of mind, with frugality, simplicity and pleasure not far behind. In The Sweetness of a Simple Life , Diana Beresford-Kroeger mixes science with storytelling, wonderment, magic, myth and plenty of common sense. Orphaned at an early age, Beresford-Kroeger was raised by elderly relatives in Ireland in the Druidic tradition, taught the overlap between the arts and sciences, and the triad of body, mind and spirit. After pursuing a PhD in medical biochemistry, Beresford-Kroeger set out on a quest to preserve the world's forests. In this warm and wise collection of essays, she gives us a guide for living simply and well: which foods to eat and which to avoid; how to clean our homes and look after pets; how we can protect ourselves and our loved ones from illness; and why we need to appreciate nature. She provides an easy dose of healing, practical wisdom, blending modern medicine with aboriginal traditions. This inspiring, accessible book emphasizes back to basics, with the touchstone not an exotic religion or meditation practice, but the natural world around us. This description may be from another edition of this product.

**GARDEN**

**The One-Straw Revolution: An Introduction to Natural Farming**

by [**Masanobu Fukuoka**](https://www.thriftbooks.com/a/masanobu-fukuoka/202940/) ISBN: **1590173139** ISBN13: **9781590173138**

Fukuoka perfected his so-called "do-nothing" technique, a way of farming that seeks to work with nature rather than make it over through increasingly elaborate-and often harmful -methods. His farm became a gathering place for people from all over the world who wished to adapt his ways to their own local cultures. This description may be from another edition of this product.

**How to Move Like a Gardener: Planting and Preparing Medicines from Plants** by [**Deb Soule**](https://www.thriftbooks.com/a/deb-soule/327598/)ISBN: **0615636438** ISBN13: **9780615636436**

This book's 256 informative pages and more than 200 beautiful color photographs taken in Avena's Garden embody Deb Soule's deep love and respect for the spirit of the medicinal plants, with which she has worked for almost forty years..

A gardener's Notebook Biodynamics: Agriculture i Service of the Earth and Humanity Living in Harmony with the Seasons Energetic and Elemental Associations of Plant Parts Growing, Harvesting, and Using Medicinal Herbs

# Gaia's Garden: A Guide to Home-Scale Permaculture, 2nd Edition

by [**Toby Hemenway**](https://www.thriftbooks.com/a/toby-hemenway/226011/) SBN: **1603580298** ISBN13: **9781603580298**

Gaia's Garden has sparked the imagination of home gardeners the world over by introducing a simple message: working with nature, not against her, results in more beautiful, abundant, and forgiving gardens.

Many people mistakenly think that "ecological gardening"--which involves growing a wide range of edible and other useful plants--can take place only on a large, multiacre scale. As Hemenway demonstrates, it's fun and easy--even for the beginner--to create a "backyard ecosystem" by assembling communities of plants that can work cooperatively and perform a variety of functions, including:

Building and maintaining soil fertility and structure Catching and conserving water in the landscape Providing a rewilded and biodiverse habitat for beneficial insects, birds, and animals Growing an edible "forest" that yields seasonal fruits, nuts, and other foods

This revised and updated edition also features a chapter on urban permaculture, designed especially for people in cities and suburbs who have very limited growing space. Whatever size yard or garden you have to work with, you can apply basic permaculture principles to make it more diverse, more natural, more productive, and more beautiful. Best of all, once it's established, an ecological garden will reduce or eliminate most of the backbreaking work that's needed to maintain the typical lawn and garden.

**COOKING**

**Nourishing Traditions: The Cookbook that Challenges Politically Correct Nutrition and Diet Dictocrats** by [**Mary G. Enig**](https://www.thriftbooks.com/a/mary-g-enig/218503/), [**Sally Fallon**](https://www.thriftbooks.com/a/sally-fallon/2098180/), [**Sally Fallon Morell**](https://www.thriftbooks.com/a/sally-fallon-morell/293927/) ISBN: **0967089735**

This well-researched, thought-provoking guide to traditional foods contains a startling message: Animal fats and cholesterol are not villains but vital factors in the diet, necessary for normal growth, proper function of the brain and nervous system, protection from disease and optimum energy levels. Sally Fallon dispels the myths of the current low-fat fad in this practical, entertaining guide to a can-do diet that is both nutritious and delicious. Nourishing Traditions will tell you: Why your body needs old fashioned animal fats Why butter is a health food How high-cholesterol diets promote good health How saturated fats protect the heart How rich sauces help you digest and assimilate your food Why grains and legumes need special preparation to provide optimum benefits About enzyme-enhanced food and beverages that can provide increased energy and vitality Why high-fiber, lowfat diets can cause vitamin and mineral deficiencies Topics include the health benefits of traditional fats and oils (including butter and coconut oil); dangers of vegetarianism; problems with modern soy foods; health benefits of sauces and gravies; proper preparation of whole grain products; pros and cons of milk consumption; easy-to-prepare enzyme enriched condiments and beverages; and appropriate diets for babies and children. This description may be from another edition of this product.

**The Nourishing Traditions Cookbook for Children: Teaching Children to Cook the Nourishing Traditions Way** by [**Suzanne Gross**](https://www.thriftbooks.com/a/suzanne-gross/391129/) and [**Sally Fallon Morell**](https://www.thriftbooks.com/a/sally-fallon-morell/293927/) ISBN: **0982338333** ISBN13: **9780982338339**

**Wild Fermentation: The Flavor, Nutrition, and Craft of Live-Culture Foods**

by [**Sandor Ellix Katz**](https://www.thriftbooks.com/a/sandor-ellix-katz/214448/) ISBN: **1931498237**

**Full Moon Feast: Food and the Hunger for Connection** by [**Jessica Prentice**](https://www.thriftbooks.com/a/jessica-prentice/268255/) ISBN: **1933392002** ISBN13: **9781933392004**

Full Moon Feast invites us to a table brimming with locally grown foods, radical wisdom, and communal nourishment. In Full Moon Feast , accomplished chef and passionate food activist Jessica Prentice champions locally grown, humanely raised, nutrient-rich foods and traditional cooking methods. The book follows the thirteen lunar cycles of an agrarian year, from the midwinter Hunger Moon and the springtime sweetness of the Sap Moon to the bounty of the Moon When Salmon Return to Earth in autumn. Each chapter includes recipes that display the richly satisfying flavors of foods tied to the ancient rhythm of the seasons. Prentice decries our modern food culture: megafarms and factories, the chemically processed ghosts of real foods in our diets, and the suffering--physical, emotional, cultural, communal, and spiritual--born of a disconnect from our food sources. She laments the system that is poisoning our bodies and our communities. But Full Moon Feast is a celebration, not a dirge. Prentice has emerged from her own early struggles with food to offer health, nourishment, and fulfillment to her readers. She recounts her relationships with local farmers alongside ancient harvest legends and methods of food preparation from indigenous cultures around the world. Combining the radical nutrition of Sally Fallon's Nourishing Traditions, keen agri-political acumen, and a spiritual sensibility that draws from indigenous as well as Western traditions, Full Moon Feast is a call to reconnect to our food, our land, and each other. This description may be from another edition of this product.

**Gut and Psychology Syndrome: Natural Treatment for Autism, Dyspraxia, A.D.D., Dyslexia, A.D.H.D., Depression, Schizophrenia, 2nd Edition**

by [**Natasha Campbell-McBride**](https://www.thriftbooks.com/a/natasha-campbell-mcbride/204172/) ISBN: **0954852028** ISBN13: **9780954852023**

Dr. Natasha Campbell-McBride set up The Cambridge Nutrition Clinic in 1998. As a parent of a child diagnosed with learning disabilities, she is acutely aware of the difficulties facing other parents like her, and she has devoted much of her time to helping these families. She realized that nutrition played a critical role in helping children and adults to overcome their disabilities, and has pioneered the use of probiotics in this field. Her willingness to share her knowledge has resulted in her contributing to many publications, as well as presenting at numerous seminars and conferences on the subjects of learning disabilities and digestive disorders. Her book Gut and Psychology Syndrome captures her experience and knowledge, incorporating her most recent work. She believes that the link between learning disabilities, the food and drink that we take, and the condition of our digestive system is absolute, and the results of her work have supported her position on this subject. In her clinic, parents discuss all aspects of their child's condition, confident in the knowledge that they are not only talking to a professional but to a parent who has lived their experience. Her deep understanding of the challenges they face puts her advice in a class of its own. This description may be from another edition of this product.

**LIVESTOCK**

**Resource for good livestock product:**

[**https://www.fiascofarm.com/herbs/wormer.htm**](https://www.fiascofarm.com/herbs/wormer.htm) **- Wormer for livesock**

[**https://www.premier1supplies.com/?source=newsletter&utm\_source=newsletter&utm\_medium=email&utm\_content=home1&utm\_campaign=june-july10**](https://www.premier1supplies.com/?source=newsletter&utm_source=newsletter&utm_medium=email&utm_content=home1&utm_campaign=june-july10)

**Gear for fencing etc.**

<https://www.newcountryorganics.com/> - Feed

<https://www.greenmountainfeeds.com/> - Feed

**LIVESTOCK**

**Storey's Barn Guide to Sheep** by [**Deborah Burns**](https://www.thriftbooks.com/a/deborah-burns/258848/) SBN: **1580178499** ISBN13: **9781580178495**

In a hands-free format that allows you to hang it on a barn wall for easy reference, this guide covers everything you need to know to safely and effectively care for your sheep. Providing clear step-by-step instructions for common procedures like trimming hooves, shearing, milking, and administering injections, Storey's Barn Guide to Sheep also includes full-color anatomical illustrations, a lambing calendar, and nutritional advice. You'll save on veterinary bills and increase your operation's self-sufficiency as you successfully raise healthy and happy sheep. This description may be from another edition of this product.

**Keeping Livestock Healthy** by [**N. Bruce Haynes**](https://www.thriftbooks.com/a/n-bruce-haynes/325067/) and [**N. Bruce Haynes D.V.M.**](https://www.thriftbooks.com/a/n-bruce-haynes-dvm/7247098/) ISBN13: **9781580174350** ISBN: **1580174353**

**Treating Dairy Cows Naturally: Thoughts & Strategies** by [**Hubert J. Karreman**](https://www.thriftbooks.com/a/hubert-j-karreman/2781487/) ISBN: **1601730004** ISBN13: **9781601730008**

With much thought and research, Dr. Karreman describes how cows can be treated for a wide variety of problems with plant-derived and biological medicines. Drawing upon veterinary treatments from before synthetic pharmaceuticals, and tempering them with modern knowledge and clinical experience, Dr. Karreman bridges the world of natural treatments with life in the barn in a rational and easy-to-understand way. In describing treatments for common dairy cow diseases, he covers practical aspects of biologics, botanical medicines, homeopathic remedies, acupuncture and conventional medicine. This description may be from another edition of this product.

**The Family Cow** by [**Dirk Van Loon**](https://www.thriftbooks.com/a/dirk-van-loon/202849/) ISBN: **0882660667** ISBN13: **9780882660660**

A family cow can provide an endless supply of delicious fresh milk, but also requires a large investment of time and money. In this practical guide, Dirk van Loon provides detailed information on choosing an appropriate breed for your needs, nutrition, milking, health care, and bovine behavior. With expert advice on everything you need to know keep your animal healthy, happy, and productive, you'll soon be enjoying all the benefits a family cow can bring. This description may be from another edition of this product.

**The Complete Herbal Handbook for Farm and Stable** by [**Juliette De Bairacli Levy**](https://www.thriftbooks.com/a/juliette-de-bairacli-levy/225275/) ISBN: **0571161162** ISBN13: **9780571161164**

The pioneer of herbal veterinary medicine has again thoroughly revised, updated and expanded her book on natural and organic cures and farming methods, first published in 1952 and now a classic in its field. This description may be from another edition of this product.

