

Children's Health Defense
Attack on Food and Farmers Summit

Our Food Supply is Being Poisoned by Industrial Ag

What We Can Do to Create Healthy Communities

With Food Test Results by Moms Across America and Others

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The State of Of Toxins in Our Food Supply



- Highlights of test results of toxins in our food supply
- Possible sources of contamination
- What you can do to reduce exposure in your family and community
- What we can do on a federal level

Historically We Knew the Source of Our Food and Ingredients in Our Food

- GMOs have been in our food supply for less than 30 years
- Glyphosate has been used for less than 20 years as a drying agent
- Essentially all food was organic less than 3 generations ago
- We have been farming for thousands of generations without GMOs and toxic agrochemicals like glyphosate

However, in 1 generation we have:

- Lost the connection to our local farmer and food sources
- Lost the ability to know what is in our food
- Are unknowingly poisoning ourselves and our families
- Are in a physical, mental and reproductive health crisis.



USA Farming



- 54% + of children are chronically ill in America
- 2 of 3 Americans are obese or overweight
- 3.7 million deaths a year globally are diabetes and high blood sugar related
- Global populations are experiencing infertility and are in decline

Food and Products Contaminated with Glyphosate

Almost everything tested has been presenting with concerning levels of glyphosate including:

- Beer
- Wine
- Chocolate
- Milk
- Eggs
- Honey
- Bread
- Breastmilk
- Hummus
- Sperm
- Tampons
- Sanitary pads
- Wound gauze
- Vaccines

Widespread contamination of glyphosate.



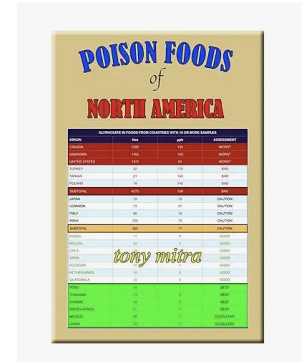
Poisoned Food of North America and the World

TOP TEN FOODS TO AVOID IN THE U.S. TO ELIMINATE GLYPHOSATE FROM YOUR DIET

According to the Canadian Food Inspection Agency

UNITED STATES	% Positive*	ppb
Buckwheat Products	100	118
Pizza Products	97	152
Chickpea Products	94	668
Flour – Bean	91	1359
Oats	83	509
Millet Products	82	69
Flour – Other	81	116
Flour – Soy	73	534
Lentil Products	68	272
Pea Products	50	283

*Positive for glyphosate, a known carcinogen, neurotoxin, antibiotic, chelator, endocrine disruptor which causes liver disease
0.1 ppb destroys beneficial gut bacteria. Eat organic food instead.



- The Canadian Food Inspection Agency tested over 7800 samples in 2017 and exposed the contamination of the majority of the non organic food supply.
- High levels of glyphosate should be expected especially in “healthy” non organic vegan, vegetarian and gluten free foods.
- Some (about 20%) of organic was also contaminated

School Lunches

MAA commissioned 43 school lunch samples to be tested from 18 locations nationwide.

American public school lunches contain

- 95.3% of the school lunch items tested contained carcinogenic, endocrine disrupting, and liver disease-causing glyphosate.
- 74% of the samples contained at least one of 29 harmful pesticides.
- High levels of 4 Veterinary drugs and hormones were found in 9 school lunches samples - up to 130.76 ng/g. *Including an aviary contraceptive, Nicarbazin.*
- 100% of the school lunch samples contained heavy metals at levels up to 6,293X higher than the EPA's maximum levels allowed in drinking water.
- The majority of the samples were abysmally low in nutrients.



Top Twenty + 1 Fast Food Brands

42 samples from 21 locations nationwide were tested.



The Top Twenty +1 (In-N-Out which is #33) were tested for glyphosate and AMPA, 236 pesticides, PFAS, Phthalates, heavy metals, and mineral content. The Top Ten Fast Food Brands were also tested for: 104 veterinary drugs and hormones, Vitamin Bs, and calories.

85 million Americans eat fast food every day.

Results of Top Twenty +1 Fast Food Brands tested for toxins

- 40-60% of the top ten fast food brand staples contained **antibiotics** not approved for human use
- A Chick-fil-A sandwich contained an antiparasitic which is also an aviary **contraceptive** that has been prohibited from use.
- 100% of the top twenty fast food brands +1 contained **glyphosate**.
- 90% of the top twenty fast food brands +1 contained between 1-9 of 27 harmful **pesticides**.
- 100% of the top twenty fast food brands +1 contained **heavy metal cadmium** between 74 - 1158% higher than the EPA allows in drinking water.
- 100% of sample contained at least trace amounts of **lead**. The highest amount was 912% higher than EPA allowable levels in water, found in Sonic Drive-In cheeseburger.
- Butanediol, a Central Nervous System Depressant (CNS) was found in 47% of the top ten samples. The Manufacturer Data Sheet of this drug states that it causes “combativeness.”
- Vitamins and minerals were also abysmally low.



Nutrient Density in School Lunches and Fast Food was Abysmal - Overall Food Supply is Extremely Deficient

"The values are all very low and don't come near the 10% of daily value that would be what I would consider sufficient and beneficial." - Mary Chantler, FNC (Functional Nutrition Counselor)



The American food supply is being depleted of nutrients because of agrochemical farming

"A published study in 'August Celebration' by Linda Grover, found that in 1948, spinach contained 158 milligrams of iron for each 100 grams. Twenty five years later the same quantity of spinach contains less than 2.2 milligrams of iron. At present, to obtain the same quantity of iron of 50 years ago, we will have to eat 75 spinach portions."



Lack of minerals and Vitamins in Our Food Lead to Mental Health Issues: Aggression, Violence

School Lunches and Fast Food are so deficient of minerals one would have to eat 7-300+ of each meal to receive the recommended daily intake of essential vitamins and minerals

“Food and Behavior the Natural Connection” author Barbara Reed Stitt, Lifetime Achievement Recipient, “ The one thing that criminals, parolees and serial killers all had in common was that they bragged that they lived on junk food.”

With supplementation, violent acts in prison dropped 50-70% in 1-2 weeks

70% recidivism rate reversal with 1 year of whole foods

In animal studies, cannibalistic mother hamster behavior reversed immediately upon Vitamin B3 administration

Highly processed, sugary, GMO and glyphosate/agrotoxic food is nutrient deficient and toxic



Baby Formula

- 100% of the 40 samples tested contained aluminum and lead.
- **80% of samples had lead levels higher than the EPA allowable levels for drinking water.**
- 57% of the samples tested positive for arsenic, 55% for mercury, and 35% for cadmium.
- Six of the 20 formulas were positive for all five toxic metals in both samples.
- At 41,000 ppb, aluminum levels in Bub's goat's milk baby formula were 4,000 - 40,000 X higher than other metals in the formulas tested and exceed limits set by the FDA for maximum safety level of aluminum for a preemie.
- The highest aluminum level detected was 200x higher than EPA allowable levels in drinking water.
- Levels of mercury in four samples measured above the limit allowed by the FDA in drinking water.
- Levels of cadmium in both samples of one formula were nearly twice the level allowed in drinking water.



Baby Formula Outreach Call to Action

Educate your Senators and Representatives regarding the harms levels of heavy metals in baby formula!

Go to MomsAcrossAmerica.org for a draft email and our baby formula test results

Ask Senators to remove this preemption in the Baby Food Safety Act:

Preemption of State and local requirements regarding food ingredients and contaminants in food, including infant and toddler food

No State or political subdivision of a State may establish or continue in effect with respect to contaminants in food, including infant and toddler food, food pouches made with fruit or vegetable puree or juice, and juice, any requirement that is different from, or in addition to, or not identical with any requirement under this section, and relates to contaminant sampling and testing, contaminant limits, disclosure of contaminant test results, contaminant labeling, contaminant warnings, or any other matter related to contaminants in food.



Gluten Free Food

In the United States, **12% of men and 9% of women** report eating gluten-free. Around the world, **660 million** people avoid gluten. Most have gluten intolerances, but some have **Celiac disease, a serious life-threatening condition**, and must avoid gluten entirely. People with Celiac have 2-4 X higher rates of coronary artery disease and small bowel cancer.

- **44 out of 46** of the samples came back positive for glyphosate.
- Out of the 237 pesticides we tested for, glyphosate was the most prevalent.
- Banza chickpea (dry) pasta had **over 2,876 ppb** of glyphosate, the highest level ever recorded in human foods by the lab - cooked 161.5
- Trader Joe's Almost Everything Bagel had **269.8 ppm** of gluten, 10 X higher than FDA limits.
- 21% of the samples were positive for glyphosate at levels higher than 10 ppb, the EU default threshold for acceptable pesticide* residues.
- According to Don Huber, Purdue University Emeritus and plant pathologist of 60 years, exposure to .1 ppb of glyphosate is harmful and should be avoided. 95.6% of the samples contained higher than .1 ppb of glyphosate.



Solutions!



Consumers, Retailers, Restaurant owners, and School Food Directors can find local whole foods on

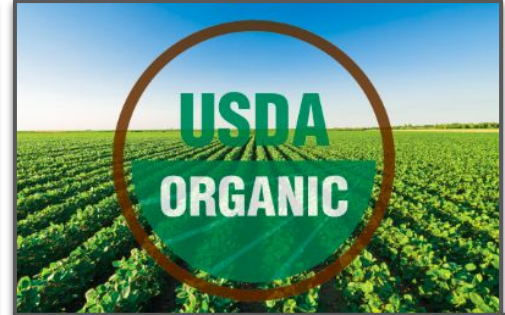
Westonaprice.org and FarmMatch.com:

- Local farms to collaborate with, job opportunities
- Produce
- Meat and Dairy
- Educational opportunities for children

Start school, Community or front/back yard gardens with NeighborhoodFoodNetwork.com

Grow, Buy, and Eat ORGANIC

- Organically Grown
- Real Organic Project
- Regenerative Organic
- BIODYNAMIC
- USDA Organic



Know Your Farmer!



Food Purchasing Priority

1. Buy whole foods, not highly processed foods
2. All grain products: pasta, bread, crackers, baked goods, cereal should be organic to avoid glyphosate and toxins
3. Buy organic - **avoid products that contain GMOs: corn, soy, sugar, canola, vegetable oil.**



Protect Farmers Rights and State Rights

Request that your elected officials protect farmer's and state's right by eliminating the preemptions in the Farm bill that restricts and eliminates state's abilities to enact pesticide restrictions



Sign our Petition to the EPA

- Tell the EPA to stop allowing glyphosate and other toxins as drying agents or pre harvest weed killers on food and feed crops.
- Support our trip in September and further trips to DC.
- Tell them the viability and safety of your favorite food brand is at risk...
- And so is the health and future of our country.



EPA Petition: Glyphosate

Total Count: 3,181

Please sign and share this important petition to the EPA by September 14:

To the EPA Pesticide Division:

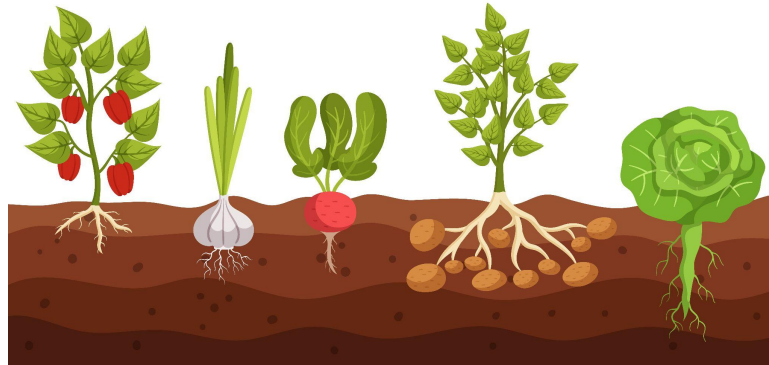
Moms Across America and our supporters: retail brands, pediatricians, scientists, physicians, health coaches, teachers, farmers, lawyers, and consumers, are requesting that you review the **67 studies that were not included** in your review of glyphosate as a carcinogen that the International Agency for Research on Cancer (IARC) reviewed and revise your decision regarding the license of glyphosate. We request you also review the new studies connecting glyphosate to many reproductive and endocrine-disrupting issues. **Hundreds of independent studies** have shown that glyphosate is harmful in many ways, not only as a carcinogen. Glyphosate also has endocrine disrupting properties at very low levels and can cause neurological, nervous system, reproductive, sperm, liver, kidney, and organ damage as well as miscarriages.

There is no safe level of glyphosate in our food or livestock feed supply, and you are the only agency that has the authority to change the current



INVEST:

- Invest in growing your own food, farmer's market purchases or local CSA
- Invest in regenerative organic farmer training programs such as [Kiss the Ground](#), [Rodale Institute](#) or [Farmer's Footprint](#)
- Invest in non toxic weed killer options such as [Contact Organics](#), [Greenfield Robotics](#), and steam/electric weed killers or permaculture
- Invest in Glyphosate remediation such as [Ancient Organic BioScience](#)
- Create consumer awareness for regenerative organic and a thriving future with [Moms Across America](#)



Source:

[MomsAcrossAmerica.org](https://www.MomsAcrossAmerica.org)

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